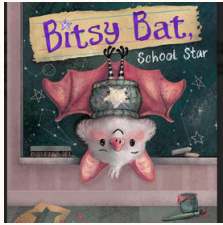


READING RESOURCES: PICTURE BOOKS AND READERS

BITSY BAT, SCHOOL STAR BY KAZ WINDNESS



A little bat struggles to fit in, only to learn to celebrate differences in this heartfelt picture book from an autistic perspective about starting school, making friends, and seeing what makes each person special.

DIFFERENT: A GREAT THING TO BE! BY HEATHER AVIS



Macy is a girl who's a lot like you and me, but she's also quite different, which is a great thing to be. With kindness, grace, and bravery, Macy finds her place in the world, bringing beauty and laughter wherever she goes.

OTHER PICKS:

- *Henry, Like Always* by Jenn Bailey
- *My Friend Julia: A Sesame Street Book About Autism* by Julia Cook
- *This Beach Is Loud!* by Samantha Cotterill
- *How to Party Like a Snail* by Naseem Hrab
- *Wiggles, Stomps, and Squeezes Calm My Jitters Down* by Lindsey Rowe Parker
- *All My Stripes* by Shaina Rudolph
- *Hot Dog* by Doug Salati
- *The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin* by Julia Finley Mosca



RESOURCES

★ AUTISM SPEAKS
AUTISMSPEAKS.ORG

★ AUTISM SOCIETY
AUTISMSOCIETY.ORG

★ THE AUTISM PROJECT
THEAUTISMPROJECT.ORG

CALDWELL/WEST CALDWELL SCHOOLS SPECIAL
EDUCATION STAFF & CHILD STUDY TEAM

★ CWCBOE.ORG/PAGE/SPECIAL-
EDUCATION-STAFFCHILD-STUDY-TEAM

★ COURAGEOUS KIDS
COURAGEOUSKIDSAPP.COM

INCLUSIVE STORYTIME PROGRAM

A monthly sensory-friendly program at
Caldwell Public Library. Parents/caregivers are
encouraged to come and go as fits their



family's needs.

- Monthly on the 3rd Saturday
- Storytime: 11:00am-11:30am
- Open Play: 11:30am-noon
- Walk-ins Welcome!

CONTACT US!

Caldwell Public Library
24D Smull Avenue
Caldwell, NJ 07006
973-226-2837
caldwellpl.org

CHECK MONTHLY CALENDAR FOR ANY CHANGES


APRIL IS

AUTISM AWARENESS MONTH



WHAT IS AUTISM?

Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication. Each person with autism faces different challenges.



READING RESOURCES: MIDDLE GRADE

RULES BY CYNTHIA LORD



Catherine just wants a normal life. Which is near impossible when you have a brother with autism and a family that revolves around his disability. She's spent years trying to teach David the rules. But the summer Catherine meets Jason, a paraplegic boy, and Kristi, the next-door friend she's always wished for, it's her own shocking behavior that turns everything upside down and forces her to ask: What is normal?

ANYTHING BUT TYPICAL BY NORA RALEIGH BASKIN



Jason Blake is an autistic 12-year-old living in a neurotypical world. But Jason finds a glimmer of understanding when he comes across PhoenixBird, who posts stories to the same online site as he does. Jason can be himself when he writes. But as desperate as Jason is to meet her, he's terrified that if they do meet, he'll only be seen for his autism and not who Jason really is.

- *A Boy Called Bat* by Elana K. Arnold
- *Mighty Jack* series by Ben Hatke
- *The Many Mysteries of the Finkel Family* by Sarah Kapit
- *Good Different* by Meg Eden Kuyatt
- *A Kind of Spark* by Elle McNicoll
- *Planet Earth is Blue* by Nicole Panteleakos
- *Counting by 7s* by Holly Goldberg Sloan
- *Wonderfully Wired Brains: An Introduction to the World of Neurodiversity* by Louise Gooding (NF)

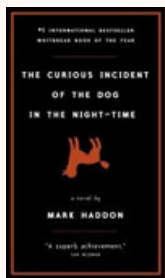
READING RESOURCES: YOUNG ADULT

FUNNY, YOU DON'T LOOK AUTISTIC BY MICHAEL MCCREARY



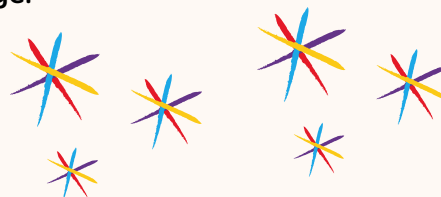
Slaying autism stereotypes with stand-up, one joke at a time. Like many others on the autism spectrum, 20-something stand-up comic Michael McCreary has been told by more than a few well-meaning folks that he doesn't "look" autistic. But, as he's quick to point out in this memoir, autism "looks" different for just about everyone with Autism Spectrum Disorder (ASD).

CURIOUS INCIDENT OF THE DOG IN THE NIGHT-TIME BY MARK HADDON



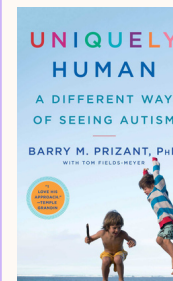
Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. He relates well to animals but has no understanding of human emotions. This improbable story of Christopher's quest to investigate the suspicious death of a neighborhood dog makes for one of the most captivating, unusual, and widely heralded novels in recent years.

- *The Asperkid's (Secret) Book of Social Rules* by Jennifer Cook O'Toole (NF)
- *Same But Different: Teen Life on the Autism Express* by Holly Robinson Peete (NF)
- *Ellen Outside the Lines* by A. J. Sass
- *When My Heart Joins the Thousand* by A. J. Steiger



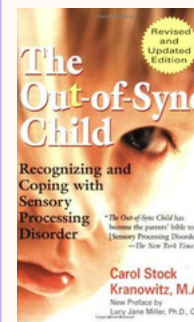
READING RESOURCES: PARENTS

UNIQUELY HUMAN: A DIFFERENT WAY OF SEEING AUTISM BY BARRY M. PRIZANT, PH.D.



Autism is usually portrayed as a checklist of deficits, including difficulties interacting socially, problems with communicating, sensory challenges.... In *Uniquely Human*, Dr. Barry M. Prizant suggests a major shift in understanding autism: Instead of classifying "autistic" behaviors as signs of pathology, he sees them as strategies to cope with a world that feels chaotic and overwhelming.

THE OUT-OF-SYNC CHILD BY CAROL STOCK KRANOWITZ



The groundbreaking book that explains Sensory Processing Differences (SPD) and presents a drug-free approach that offers hope for parents—now in a newly updated third edition (2022). This revised edition includes expanded information about SPD "look-alikes," including learning disabilities, ADHD, and autism; diagnosis and treatments; and other topics.

- *Following Ezra: What One Father Learned About Gumby, Otters, Autism, and Love From His Extraordinary Son* by Thomas Fields-Meyer
- *Autism and Education: The Way I See It: What Parents and Teachers Need To Know* by Temple Grandin (NF)
- *Neurotribes: The Legacy of Autism and the Future of Neurodiversity* by Steve Silberman (NF)